Voluntary Action Angus Weekly Bulletin

7th June



Third Sector Interface

This weeks content covers:

Breast Buddies Angus - Summer events
Angus Third Sector Collaborative
Workshops on Wellbeing
Available funding
Volunteering opportunities
Available support and information

We hope you enjoy reading some of the latest information and updates from the third sector, across Angus in this weeks Voluntary Action Angus TSI bulletin.

VOLUNTARY ACTION ANGUS

Social Enterprise Business Support

Voluntary Action Angus, in partnership with Firstport, The Circle and Business Gateway are delighted to be hosting an in-person event aimed at supporting the growth and development of established and start up social enterprises in Angus.

Join us to hear about:

- Fully funded support for all stages of social enterprise business
- Business Support and expertise available at local level
- Funding opportunities and social investment options
- Training and other resources available

Where and when?

Thursday 20th June from 1pm-4pm at Voluntary Action Angus, 5-7 The Cross, Forfar DD8 1BX

Sign up via Eventbrite here!



Breast Buddies Angus - Summer events

Breast Buddies Angus is delighted to be attending events throughout Angus this summer! We will be providing a spot for parents of infants to have a seat and feed their little ones (all methods of feeding welcome), changing facilities and a chance to get out of the sun (or alternatively out of the rain if we're unlucky with the weather!).



Where and when?

Carnoustie Gala Day- 6th July at Carnoustie House Grounds
DEBRAFEST 13th July from 12pm-4pm at Broomfield Park, Montrose
Monifieth Gala Day- 21st July from 12pm-4.30pm at The Blue Seaway, Monifieth

Pop along to one of these great local events and come by our stand to say hello.

New office spaces to rent in Forfar town centre!

We have two new serviced office spaces available for a third sector organisation/community group to rent. Both rooms are situated on the first floor of Angus Third Sector Centre at The Cross, Forfar.

The rooms have access to:

- Kitchen facilities
- Parking
- Wifi

If interested, or for further information please contact info@voluntaryactionangus.org.uk

See photographs of the rooms here.



Hot desking in Forfar survey

Voluntary Action Angus is looking at potentially providing a hot desking space at the Angus Third Sector Centre, 5-7 The Cross, Forfar.

If this is something you would find useful, please complete the survey **here**.



ANGUS THIRD SECTOR COLLABORATIVE

VAA would like to show case The Angus Third Sector Collaborative, made up of:

- Strategic Group of Third Sector CEO's
- Operational groups which directly feed into the Strategic Groups within the triangle
- Angus Adult Services Forum and Angus Children's Service Forum

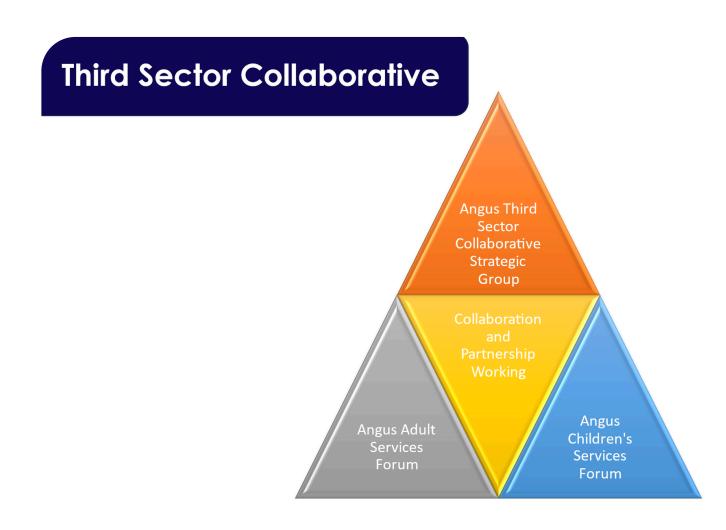
We would like to introduce the chairs of each of the above groups:

Marta Henderson - Strategic Group Chair - marta.mh@rstf.co.uk

Maxine Linton - Children Services Forum Chair - maxine@anguswomensaid.co.uk

Zoe Watson - Adult Services Forum Chair - Zoe.Watson@anguscab.org.uk

If you are interested in becoming a member of the above groups or would like more information, please contact any of the chairs on the above email addresses or alternatively contact VAA - info@voluntaryactionangus.org.uk



Voluntary Action -ANGUS

Third Sector Interface

ANGUS CARERS CENTRE

Carers Service Information Day



Registered and unregistered carers are welcome to attend our open day at Angus Carers Centre. We are hosting this to provide people with information from different services within Angus.

Some of the services attending are Reach Across, North East Sensory Services, Tayside Cancer Support, Scottish Fire and Rescue Service and more.

Where and when?

Monday 10th June from 11am-3pm at Angus Carers Centre, Arbroath

We hope to see you there!

PENUMBRA

Workshops on Wellbeing

Angus Adult Peer Service are pleased to offer a range of wellbeing workshops within Gayfield, Arbroath.

Our workshops provide an opportunity to learn and share ideas, tools and techniques to successfully manage mental health and wellbeing.

Where and when?

Menopause workshop - Thursday 13th June Social Coffee and Chat workshop - Thursday 20th June

Both sessions are at Gayfield Park, Arbroath from 11am-1pm.

To book your place, email angus.nova@penumbra.org.uk or call 01241 837900

HILLCREST FUTURES

Overdose Awareness & Naloxone Training

There are still spaces available at our upcoming training.

Come along to:

- Identify risk factors for Opioid overdose
- Recognise the signs and symptoms of Opioid overdose
- Learn how to respond to an overdose and prepare and administer Naloxone

We have sessions in Forfar and Arbroath!

Register via Eventbrite here.



MUSEUMS GALLERIES SCOTLAND

Community Catalysts funding

Delivering Change is a Museums Galleries Scotland programme that recognises that museums have played a part in excluding the experiences and histories of many of Scotland's people and communities. Through the programme we're supporting museums and galleries across Scotland to make changes to help all people to access culture.

Do you have an idea about how museums could work better for you or your community? Would you like up to £25,000 to help transform museums?

Find out more about the Delivering Change Community Catalysts programme **here**.



SCOTISH FIRE AND RESCUE SERVICE

Shaping Our Future Service: Your Say

Scottish Fire and Rescue Service (SFRS) is launching a public engagement initiative called "Shaping Our Future Service: Your Say". As part of this, we will be holding public engagement sessions in fire stations across Scotland. We are planning one such session in Forfar.

Where and when?

Forfar Fire Station, Strang Street, Forfar DD8 2HL on Friday 14 June 2024 from 10am-12pm

We want to hear from members of the public and local community groups on our approach going forward and finding out what matters most to them.

We're particularly keen to hear from under-represented groups – such as people with disabilities, older people, minority ethnic groups – people who can be seen as vulnerable in terms of fire safety.

The session, led by uniformed officers, will include a short discussion with attendees on the future of SFRS and what members of the public think our priorities should be in the future. There would then follow a guided behind-the-scenes tour of the station, with crews demonstrating fire appliances and specialist fire equipment, and a chance to chat with crews about the role of a modern-day fire service.

The session is 100% free to attend and light refreshments will be provided.

Numbers are limited and attendance must be confirmed in advance.

Anyone hoping to attend should contact: **SFRS.Publicinvolvement@firescotland.gov.uk** or call **07747 827283** to book a place.



THE WOMEN'S RAPE AND SEXUAL ABUSE CENTRE



We have an exciting opportunity!

We're hiring a dedicated Angus based Young Persons Support Worker

Hours: 30 hours per week

Location: Angus

Our DAYS Service supports all young people of any gender aged between 8 and 18 who live in Dundee or Angus and have experienced any type of sexual abuse.

We are seeking an individual who demonstrates a knowledge of the impact of trauma on young people and age-appropriate support tools / methods and can provide and has significant experience of providing trauma-based models of support to young survivors.

Find out more and apply here.

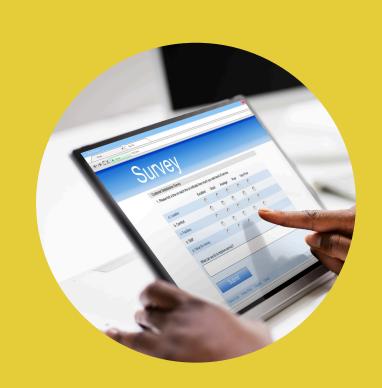
SHARED CARE SCOTLAND

Short Breaks Survey 2024

Shared Care Scotland invites you to participate in a survey to gather insights on your experiences and needs related to short breaks and respite care.

Survey open from May 2024 until July 31 2024.

Find out more and complete the survey **here**.



ALZHEIMER SCOTLAND

What's On June - Angus Groups

The Alzheimer Scotland Angus community groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends.

Find out what's on at the Alzheimer Scotland Angus groups throughout June **here**.



Could you help with some admin tasks?

Alzheimer Scotland are looking for an Admin Volunteer who can offer some time to undertake administrative duties at their Resource Centre in Arbroath.

Find more information and apply here.



ANIMAL RESCUE CENTRE

Kennel Helper needed

The Animal Rescue Centre are looking for dedicated and reliable Kennel Helper volunteers in Angus.

Find more information and apply here.



ANGUS COUNCIL

Volunteer Driver urgently needed!

Do you enjoy driving and helping people? Angus Council are looking for volunteer drivers to help transport adults to day care, children to school, people to GP appointments and more.

Find more information and apply here.



SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to info@voluntaryactionangus.org.uk by 5pm on Wednesday 12th June.

CATCH UP WITH OLDER CONTENT

Read our previous bulletins <u>here</u>

FIND US ON:



<u>Facebook</u>



<u>Twitter</u>



www.voluntaryactionangus.org.uk

Email <u>info@voluntaryactionangus.org.uk</u> to unsubscribe.

Voluntary Action Angus is a Company limited by guarantee. Registered in Scotland No 248473. Registered Office: 5-7 The Cross, Forfar DD8 1BX. Registered Scottish Charity No SC032830.